Head Office: 255 Boulevard D'Anjou Telephone: 450-691-1444 Email: info@mwcn.ca



MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						International 1 Women's Day Event
2	3 9:15-10:45am: Bowling League 11:30-1:00pm: Coloring Cafe 1:00-3:00pm: Grief Group	4 9 7:00-8:30 French Intermediate	9:00-10:00 Yoga 5 9:30-11:00am: Wacky Walkers 1:00-3:00pm: Drop-in & Crop 4:30-6:30pm: French Conversation 4:30-5:30 Yoga	6 10:00-11:30am: Cross- stitching with Donnelda	7 10:00-12:00pm: Knitting Group	8
9	10 9:15-10:45am: Bowling League 11:30-1:00pm: Coloring Cafe 1:00-3:00pm: Grief Group	11 7:00-8:30 French Intermediate	12 9:30-11:00am: Wacky Walkers 1:00-3:00pm: Drop-in & Crop 4:30-6:30pm: French Conversation	13 10:00-11:30am: Cross- stitching with Donnelda 1:00-2:30pm: Exercise Class	14 10:00-12:00pm: Knitting Group	15
16	17 9:15-10:45am: Bowling League 11:30-1:00pm: Coloring Cafe 1:00-3:00pm: Grief Group	18 10:00-11:30am: Coffee & Conversation 1:00-2:30pm: Bingo 7:00-8:30 French Intermediate	19 9:30-11:00am: Wacky Walkers 1:00-3:00pm: Drop-in & Crop 4:30-6:30pm: French Conversation	20 10:00-11:30am: Cross- stitching with Donnelda	21 10:00-12:00pm: Knitting Group 12:30-2:30pm: Art with Ilana 4:00-6:00pm: Tek Talk with Jacob	22
23	24 9:15-10:45am: Bowling League 11:30-1:00pm: Coloring Cafe 1:00-3:00pm: Grief Group	25 10:00-11:30pm: Black History Month Presentation 7:00-8:30 French Intermediate	26 9:30-11:00am: Wacky Walkers 10:00-12:00pm: Watercolor Paint 1:00-3:00pm: Drop-in & Crop 4:30-6:30pm: French Conversation	27 10:00-11:30am: Cross- stitching with Donnelda 1:00-2:30pm: Exercise Class	28 10:00-12:00pm: Knitting Group	29
30	9:15-10:45am: Bowling 31 League 11:30-1:00pm: Coloring Cafe 1:00-3:00pm: Grief Group					000 COO MWCN



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