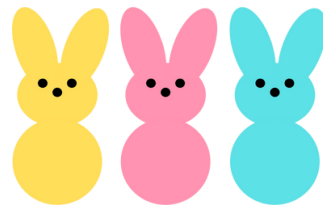


APRIL



MWCN Huntingdon
72 Dalhousie, Suite 201
450-264-3596

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 1:00 - 3:00 pm: Busy Brains 1:30 - 2:30 pm: Walk and Talk	2 10:00 - 11:45 am: Conversation Café 1:30 - 3:30 pm: Creative cafe	3 9:30 - 11:00 am: TOPS 1:30 - 3:30 pm: Bingo	4 9:30 - 11:30 am: Little Adventurers (0-5) - Ormstown	5
6	7 9:00 - 12:00 pm: Pickleball All Temperature Cheer (Ormstown rec centre) 10:30 - 12:00 pm: Lunch and learn - Healthy Heart	8 1:00 - 3:00 pm: Busy Brains 1:30 - 2:30 pm: Walk and Talk	9 10:00 - 11:45 am: Conversation Café 1:30 - 3:30 pm: Creative cafe	10 9:30 - 11:00 am: TOPS 10:00 - 12:00 pm: Spice of life - Arthritis education session (Ormstown Legion) 1:30 - 3:30 pm: Bingo	11 9:30 - 11:30 am: Little Adventurers (0-5) - Ormstown	12
13	14  7:00 to 10:00 pm: Military Whist - Huntingdon Legion	15 10:00 - 12:00 pm: Easter Chocolate workshop 1:00 - 3:00 pm: Busy Brains 1:30 - 2:30 pm: Walk and Talk	16 10:00 - 11:30 am: SHARP (ZOOM) 10:00 - 11:45 am: Conversation Café 9:00 - 12:00 pm: Pickleball All Temperature Cheer (Ormstown rec center) 1:30 - 3:30 pm: Creative cafe 6:00 - 8:00 pm: Pickleball Lite (Heritage Gym) 7:00 - 9:00 pm: Pickleball All Temperature Cheer (all abilities) (CVR)	17 9:30 - 11:00 am: TOPS 1:30 - 3:30 pm: Bingo	18	19
20	21 	22 1:00 - 3:00 pm: Busy Brains 1:30 - 2:30 pm: Walk and Talk	23 10:00 - 11:45 am: Conversation Café 9:00 - 12:00 pm: Pickleball All Temperature Cheer (Ormstown rec center) 1:30 - 3:30 pm: Creative cafe 6:00 - 8:00 pm: Pickleball Lite (Heritage Gym) 7:00 - 9:00 pm: Pickleball All Temperature Cheer (all abilities) (CVR)	24 9:30 - 11:00 am: TOPS 10:00 - 12:00 pm: Spice of life - Anxiety & depression with Dr. Gordon Johnston (Ormstown Legion) 1:30 - 3:30 pm: Bingo	25 9:30 - 11:30 am: Little Adventurers (0-5) - Ormstown	26
27	28 9:00 - 12:00 pm: Pickleball All Temperature Cheer (Ormstown rec center)	29 1:00 - 3:00 pm: Busy Brains 1:30 - 2:30 pm: Walk and Talk	30 10:00 - 11:45 am: Conversation Café 9:00 - 12:00 pm: Pickleball All Temperature Cheer (Ormstown rec center) 1:30 - 3:30 pm: Creative cafe 6:00 - 8:00 pm: Pickleball Lite (Heritage Gym) 7:00 - 9:00 pm: Pickleball All Temperature Cheer (all abilities) (CVR)			