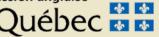


PROGRAM OF ACTIVITIES MARCH 2025 BEAUHARNOIS

With financial support of Secrétariat aux relations avec les Québécois d'expression anglaise



In Collaboration with **CLUB DES AÎNÉS MELOCHEVILLE** 380, boulevard de Melocheville

REGISTRATION IS REQUIRED

email: info@mwcn.ca or call: 450-691-1444

Visit our website to become a member - www.mwcn.ca



Scrabble

Grab a few friends and come to our community space and play scrabble!

Every Friday
From 9:00 am to 12:00 pm



Pool

Grab a few friends and come to our community space and play pool!

Every Monday & Friday
From 9:00 am to 12:00 pm



Zumba with Rina

Join MWCN for a fun dance-based exercise class! **Join us for a 8 week course for \$40.**

Every Monday
From 9:30 to 10:30 am



Art classes

Join us for a bilingual 4 week art class. \$15 a class, all materials included. Limited spaces available.

Starting Friday, March 14th From 9:30 to 11:30 am



MWCN Job Fair

Join us in St-Chrystostome for the 2nd annual job fair

Location: 400 Rang St-Antoine,

Saint-Chrysostome, QC JOS 1R0

Tuesdays March 25th - from 1:00 to 7:00 pm

For more information, please click **HERE**

ON ZOOM



Navigating rent increases, lease renewals, and repossession: insights for tenants with **Richard Goldman**, EDUCALOI

Services for Healthy Aging in the Right Place (SHARP) by CHSSN

Want to better understand rent increases, lease renewals, and repossessions? Learn what to do if your rent increases, how to handle lease renewal negotiations, and what rights older adults have when facing a potential repossession. Whether you're looking for practical advice or peace of mind, this session will provide the tools and information you need to navigate these challenges with confidence.

Wednesday March 19, from 10:00 to 11:30 am.

For registration: Click HERE

