

In Collaboration with **CLUB DES AÎNÉS MELOCHEVILLE**  
380, boulevard de Melocheville

**REGISTRATION IS REQUIRED**

email: [info@mwcnc.ca](mailto:info@mwcnc.ca) or call: 450-691-1444

**Visit our website to become a member - [www.mwcnc.ca](http://www.mwcnc.ca)**



### Scrabble

Grab a few friends and come to our community space and play scrabble!

*Every Friday*

*From 9:00 am to 12:00 pm*



### Pool

Grab a few friends and come to our community space and play pool!

*Every Monday & Friday*

*From 9:00 am to 12:00 pm*



### Zumba with Rina

Join MWCN for a fun dance-based exercise class!

**Join us for a 8 week course for \$40.**

*Every Monday*

*From 9:30 to 10:30 am*



### Art classes

Join us for a bilingual 4 week art class. \$15 a class, all materials included. Limited spaces available.

*Starting Friday, March 14th*

*From 9:30 to 11:30 am*



**MWCN**

**JOB FAIR SALON D'EMPLOI**

## MWCN Job Fair

Join us in St-Chrysostome for the 2nd annual job fair

*Location: 400 Rang St-Antoine,*

*Saint-Chrysostome, QC J0S 1R0*

**Tuesdays March 25th - from 1:00 to 7:00 pm**

**For more information, please click [HERE](#)**

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## ON ZOOM



**Navigating rent increases, lease renewals, and repossession: insights for tenants with Richard Goldman, EDUCALOI**

***Services for Healthy Aging in the Right Place (SHARP) by CHSSN***

Want to better understand rent increases, lease renewals, and repossessions? Learn what to do if your rent increases, how to handle lease renewal negotiations, and what rights older adults have when facing a potential repossession. Whether you're looking for practical advice or peace of mind, this session will provide the tools and information you need to navigate these challenges with confidence.

***Wednesday March 19, from 10:00 to 11:30 am.***

**For registration: Click [HERE](#)**

