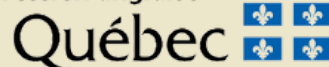




PROGRAM OF ACTIVITIES  
APRIL 2025  
HEMMINGFORD

With financial support of  
Secrétariat aux relations  
avec les Québécois  
d'expression anglaise

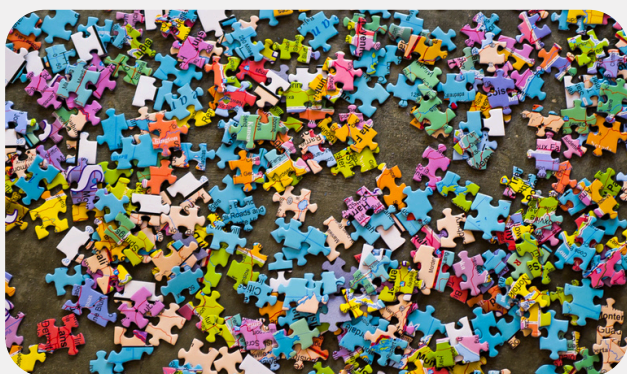


FOR THE ENGLISH-SPEAKING COMMUNITY OF HEMMINGFORD

*Location: 476 Frontière, Hemmingford J0L1H0*

**REGISTRATION IS REQUIRED**

call: 514-249-5539 or email: [tina@mwcn.ca](mailto:tina@mwcn.ca)



**Puzzles and Exchange**

If you like puzzles, why not drop by our office to either work on one that is on-going in the office, or just exchange one.

**(Take a puzzle, leave a puzzle)**

**Monday to Thursday**

**From 9:00 am to 3:00 pm**



**Walking with Johanne**

Start the day with a nice walk and enjoy nature on our walking trail!

**Every Tuesday at 1:30 pm**

**The walkers will meet in the parking lot of the  
Hemmingford Recreation Centre**



**Senior craft morning**

Craft morning for adults, coffee and material is included

**Tuesday Apr 8 and 22**

**From 10:00 am till noon**



## Art and coffee

Artists bring your art, let's create together

**Thursday, April 10**

**From 10:00 to 11:30 am**



## Easter tea

Let's celebrate Easter with tea and cookies (seniors)

**Tuesday, April 15**

**From 1:00 to 3:00 pm**



## Crafts with Carolyn for kids 5 to 12

Kid's afterschool crafts with teacher Carolyn Kyle

**Wednesday, April 23**

**From 3:00 to 4:15 pm**



## Tech Café for seniors

Bring your electronic devices and your questions ! **Coffee included!**

**By appointment**



## Employability Support

Job seekers looking for guidance and support in their job search process.

**By appointment**

**255 Boulevard D'Anju, Suite 203**

**For registration: [joanne@mwcnc.ca](mailto:joanne@mwcnc.ca)**

# ON ZOOM



## Ensuring Safety and Independence as You Age With Home Care Support

***Services for Healthy Aging in the Right Place  
(SHARP) by CHSSN***

This session will explore how home care services can help individuals age in place and promote independence, addressing common stigma and questions about qualification.

***Wednesday April 16, from 10:00 to 11:30 am.***

**For registration: Click [HERE](#)**

